

# random acts of kindness bingo | summer challenge

Help load or unload an elderly person's groceries.	Pay for the person behind you in the fast food line.	Give a homeless person a meal.	Leave a surprise in a library book.	Run an errand for a friend or family member who is busy.
Mail a special card or letter to someone who needs a smile.	Pick up trash in your community or on the side of a road.	Visit a nursing home to play games, perform music, etc.	Gather gently used books to donate to the library.	Leave a big tip for a server.
Re-fold rumpled up clothes on a store display table.	Bake something yummy for the fire department or police station.		Return somebody else's shopping cart.	Pay for a stranger's meal.
Cook a dinner for a family in need.	Donate a trash bag full of toys to a children's shelter or other non-profit.	Leave a treat and/or thank you note for the mailman.	Give flowers to someone who isn't feeling well or needs some cheering up.	Buy or collect food to give to your local food bank.
Buy extra school supplies for a teacher.	Bring your neighbor's garbage cans up for them.	Leave a note of encouragement on someone's car.	Write a handwritten thank you note.	Give someone/a stranger a compliment.

"Unexpected kindness is the most powerful, least costly and most underrated agency of human change."

-Bob Kerrey

*trusting connections*  
MODERN CHILDCARE. TIMELESS VALUES.